

# I had a spiritual conversation with my body to fight, Shorn Khumalo

 By [Nicci Botha](#)

3 Aug 2020

In our #SurvivorStories series, we put a face to Covid-19 by sharing the stories of people who have fought the virus and come out the other side. PR consultant, Shorn Khumalo talks us through his journey.

## ABOUT NICCI BOTHA

Nicci Botha has been wordsmithing for more than 20 years, covering just about every subject under the sun and then some. She's strung together words on sustainable development, maritime matters, mining, marketing, medical, lifestyle... and that elixir of life - chocolate. Nicci has worked for local and international media houses including Primedia, Caxton, Lloyd's and Reuters. Her new passion is digital media.

- #BehindtheMask: Dr Nadia Swart, flight doctor, Netcare 911 - 16 Mar 2021
- One year on: #Covid-19 by the numbers - 5 Mar 2021
- #2020AfricaBrandSummit: Winning hearts and minds in the midst of a pandemic - 9 Oct 2020
- #WomensMonth: Covid-19 taught Lizeth Kruger to adapt to change - 27 Aug 2020
- #SurvivorStories: I had a spiritual conversation with my body to fight, Shorn Khumalo - 3 Aug 2020

[View my profile and articles...](#)

For more, visit: <https://www.bizcommunity.com>