

5 Cape Town spots that offer gourmet picnic baskets

By Ruth Cooper

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Summer in Cape Town is the ideal time to picnic, be it at any of the many beautiful beaches, serene forests, or atop iconic Table Mountain. However, sometimes you just want someone else to do the dirty work when it comes to selecting and packing your picnic basket, that's why we're giving you five top Cape Town restaurants and wine estates that offer readymade and packed gourmet picnic baskets for purchase on their premises.



Image sourced from cpv.co.za

Forget about soggy sandwiches and dried fruit, we are talking full-on indulgent and unique picnic baskets that include delicacies such as fresh pies, charcuterie, exotic cheeses, tasty tapenades, delicate desserts, local wine, and more.

Allée Bleue Wine Estate

The Allée Bleue Wine Estate offers a supremely indulgent picnic basket option on their beautiful estate in Franschhoek. The "Chicnic-On-The-Go" hampers are so generous you would be hard put to finish them and will probably be taking leftover treats home with you. Think wraps, mini bobotic pies, salad, warm crusty bread, cold meats, exotic cheeses, tapenades, pesto and relishes as well as dessert and a bottle of their wine, all served in bio-friendly packaging.

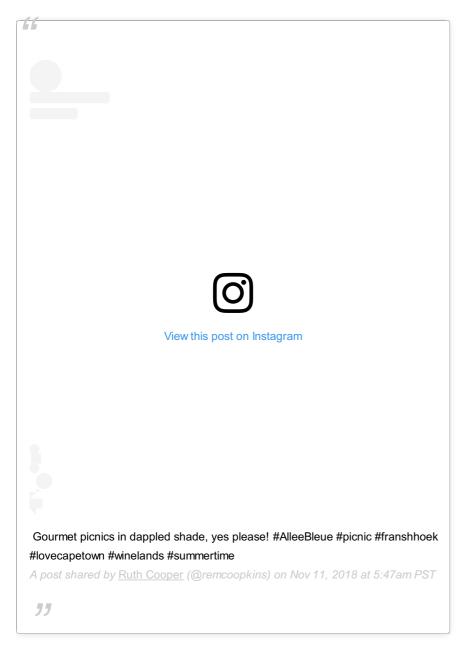
Kiddies and vegetarian hampers are also offered.

Picnic style: Welcoming and kid-friendly, a jumping castle and jungle gym are offered.

Cost: Chicnic at one of the tables: R260 for a single basket | R495 for a double basket Chicnic on the go on the grass: R250 for single basket | R480 for double basket Kiddie's basket R105

Allée Bleue will also be hosting Christmas themed picnics from 24 – 26 December 2018.

For more info go to alleebleue.co.za



Spier Wine Farm

For the ultimate gourmet picnic, you can't go wrong with Spier Wine Estate in Stellenbosch. Offering amazing grounds you will be spoilt for choice on where to lay your blanket. The items included in the baskets are all local, natural, and organic. Delectable treats such as charcuterie and olives, camembert with crackers, preserves and hummus, smoked corn, green pepper and olive salad, broccoli, gruyere and mushroom frittata, chickpea, tomato and feta salad, chocolate brownies with

summer berry compote, a bottle of Spier Signature Wine and more is included.

Kiddies and vegetarian options are also offered.

Picnic style: Fresh locally sourced produce and unique treats.

Cost: R595 for a double basket | R150 for a kiddies basket

Special Christmas baskets are available on 25 December and 26 December 2018.

For more info go to www.spier.co.za



Image sourced from www.spier.co.za

Solms Delta

Solms Delta Wine Estate in Franschhoek might offer some of the best spots for picnics on the huge and varied wine estate, choose between the lush lawn alongside the forest, a sandy riverbank or a shady spot overlooking the dam. On weekends and public holidays, a free tractor-and-trailer service can transport you to your chosen spot. The food is wholesome, proudly South African and delicious. Expect treats such as Rooseterkoek with wild rosemary butter, beef biltong and snoek pate, vegetable quiches, wild garlic frikadeller, malva pudding with custard and more.

Kiddies and vegetarian options are also offered.

Picnic style: Traditionally South African

Cost: R235 for a single basket | R395 for a double basket | R95 for a kiddies basket.

Wine and beverages added at an additional cost.

For more info go to www.solms-delta.co.za



Image sourced from www.solms-delta.co.za

Cape Point Vineyards

For Instagram perfect views, one can't go wrong by indulging in a picnic at Cape Point Vineyards in Noordhoek. Ultra-glam, these picnics include a blanket, two prism-shaped pillows, and a drinks service. Each basket feeds two people and includes delicacies such as bobotie wraps, sweet potato and corn salad, charcuterie and salami, peppadews, olives and sundried tomatoes, chicken liver and bacon pate, local cheese, fresh fruit salad, chocolate brownies, and more.

Kiddies and vegetarian options are also offered.

Picnic style: Glam and trendy

Cost: R400 for a double basket | R70 for a kiddies basket

For more info go to cpv.co.za



Image sourced from cpv.co.za

Simon's at Groot Constantia

For a lush leafy setting, a picnic at Simon's in Groot Constantia will not disappoint. It offers traditional picnic treats such as baguettes with hummus and chicken liver pate, a selection of cured and home cooked cold meats, Coronation chicken, baby potatoes, a Greek salad, a selection of local cheese and biscuits, preserves, and dessert.

Kiddies, vegetarian, and Halaal options are also offered.

Picnic style: Traditional and relaxed

Cost: R220 for a single basket | R395 for a double basket | Kiddies Basket - R75

For more info go to www.simons.co.za



Image sourced from www.simons.co.za

ABOUT RUTH COOPER

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