

Introducing women to SA's new generic combination oral contraceptive

Pharma Dynamics has launched a new generic combination oral contraceptive.



Source: [Pexels](#)

A generic, Rubaz, has been shown to be bioequivalent to the originator and is therefore therapeutically interchangeable with it.

The launch of Rubaz follows in the wake of the introduction of My Dynamics – Pharma Dynamics' online offering to support women through reproductive health education.

Rubaz, which is available on prescription, combines oestrogen (*ethinylestradiol* 0,02 mg) and progestin (*drospirenone* 3 mg), and is used as a birth-control pill to prevent pregnancy in women, with the added benefit of treating acne, and the symptoms of premenstrual dysphoric disorder (PMDD).

Drospirenone in Rubaz has an anti-androgenic activity, which helps to clear moderate *acne vulgaris*. Studies show that taking *ethinylestradiol* and *drospirenone* regulates periods, decreases blood loss, eases pain, while also decreasing the risk of ovarian cysts.

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