

## Black bean and sweet potato burritos

Treat yourself with this flavourful black bean and sweet potato burrito recipe.



©Ken Botts

Serves 8

Photo credit: Ken Botts

## Ingredients

- · Eight flour tortilla
- Two cups of black beans
- Two cups of sweet potatoes cooked tender, cut into small cubes
- 1/2 teaspoon cumin
- ½ cup of red bell pepper (diced small)
- ½ cup green bell pepper (diced small)
- One tablespoon fresh garlic
- One tablespoon chilli powder
- One cup of red onion (diced small)

## **Method**

1. Sweat onions, garlic and peppers in a pan.

- 2. Add black beans, sweet potatoes, cumin, and chilli powder.
- 3. To serve, portion  $\frac{1}{2}$  cup on each tortilla and roll up.

Recipe by HSUS

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